

Sailing Crew Packing Checklist

A practical 5-week Caribbean crew list - compact enough for carry-on packing

Before packing: confirm what the boat supplies, especially PFDs, VHF radios, bedding, foul-weather gear and charging options. Quantity is one unless shown otherwise.

Clothing

- ☐ Lightweight convertible pants
- ☐ Long-sleeve button shirt
- ☐ Short-sleeve button shirt
- ☐ Polo shirt
- ☐ Quick-dry T-shirts (2)
- ☐ Swimsuit shorts (2)
- ☐ Wicking socks
- ☐ Underwear (1 or 2)
- ☐ Light toque
- ☐ Close-fitting hooded waterproof jacket
- ☐ Fleece
- ☐ Boat shoes
- ☐ Flip-flops

Eyewear

- ☐ Prescription glasses
- ☐ Cheap reading glasses (4)
- ☐ Glasses cord (2)
- ☐ Contact lenses
- ☐ Contact lens solution
- ☐ Dark sunglasses
- ☐ Swim goggles

Toiletries and Personal Items

- ☐ Shaving lotion
- ☐ Razors (3)
- ☐ Battery razor + AAA battery
- ☐ Bars of soap (3)
- ☐ Seasickness medication
- ☐ Dental floss
- ☐ Electric toothbrush
- ☐ Toothbrush charger
- ☐ Spare toothbrush head
- ☐ Regular toothbrush
- ☐ Toothpaste (3 small tubes)
- ☐ Shampoo (2 small bottles)
- ☐ Quick-dry towel
- ☐ Deodorant
- ☐ Nail clippers
- ☐ Q-tips
- ☐ Baby wipes
- ☐ Toilet paper

Phones and Electronics

- ☐ iPhone
- ☐ iPad
- ☐ 12 V / USB charging gear
- ☐ Offline charting/GPS app such as Navionics

Navigation Gear

- ☐ RYA Day Skipper papers, charts and books
- ☐ RYA personal logbook
- ☐ Mechanical pencil + black lead
- ☐ Chart plotting tool
- ☐ Notebook / passage-planning paper
- ☐ Parallel ruler
- ☐ Sharpie

Safety Gear - Confirm With Skipper

- ☐ Handheld VHF - may be supplied
- ☐ Life jacket / PFD - may be supplied; check airline rules for CO2 cartridges

Money and ID

- ☐ Passport
- ☐ Driver's licence
- ☐ Credit card
- ☐ Debit card
- ☐ Cash

Miscellaneous Sailing Gear

- ☐ Whistle
- ☐ Fanny pack / small waist bag
- ☐ Sun hat
- ☐ Deckhand gloves with fingers
- ☐ Deckhand gloves without fingers
- ☐ Sunscreen
- ☐ Lip balm
- ☐ Flashlight or headlamp
- ☐ AA lithium batteries (8)
- ☐ AAA lithium batteries (12)
- ☐ Clothes pins (10)
- ☐ Small zip-lock bags
- ☐ Large zip-lock bags
- ☐ Water-resistant carry-on bag
- ☐ Small compression sack
- ☐ Small mesh bags (2)
- ☐ Cloth shopping bag